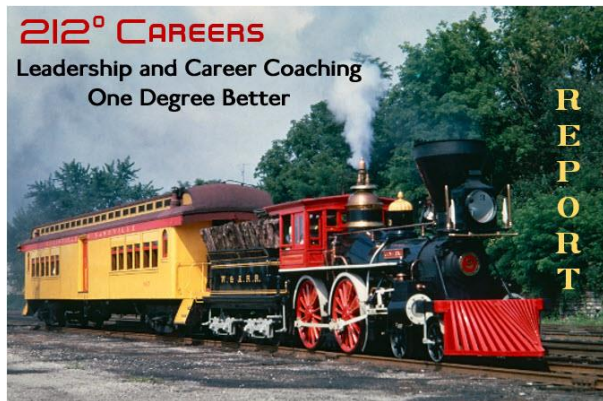




QUESTIONS FOR  
YOUR MENTOR



This report includes **nine powerful tips** and **three actionable steps** you can take immediately.

It also includes a list of **suggested readings** for even more information.

# TOP TIPS

Congratulations if you have found a mentor to help guide you. Finding someone who will dedicate their time to helping you live a more successful and fulfilled life isn't easy. Now that you have this wonderful guide ready to help you, here are nine questions you need to ask.

There are differences between a mentor and a coach. I know!  
I've been mentored. I've trained 100+ in mentoring skills.  
I'm an active leadership/management coach!  
Some of these questions are great to ask your coach.

## **1. What Would You Do If You Had to Start Over Again?**

This question prompts the mentor to think deeply about the foundational steps and critical decisions that truly mattered in their journey. By asking them to start over, you're asking them to sift through years of experience to identify the most critical elements of their success.

## **2. How Do You Prioritize Your Time?**

People manage their time differently. What works for your mentor may not work for you. Even so, ask this question. Understanding how a successful person manages time could help you better use time in your own life.

## **3. What Do You Mean by That?**

Asking this question can help prevent misunderstandings or misinterpretations. It ensures that both parties are on the same page and reduces the risk of making decisions based on incorrect information. The question prompts the speaker to provide more detail or context, which can lead to a deeper and richer conversation.

#### **4. Is There Anything You Still Struggle With?**

Even the most successful people are not immune to obstacles. Their battles may differ from yours, but they still have to fight all the same. Your mentor's answer to this question can help you prepare for your own future struggles. It also reminds you that no one has a smooth ride, and not all of your problems are because of poor effort.

#### **5. How Can I Help You?**

Mentorship is often viewed as a one-way relationship where the mentor imparts knowledge to the mentee. Offering help can balance this dynamic, making the relationship more reciprocal and mutually beneficial. Asking how to assist your mentor is a tangible way of showing gratitude and appreciation for their time, guidance, and insights.

#### **6. How Do You Know When to Change Strategies?**

This question delves into the mentor's decision-making process. It helps you understand how they evaluate, adapt, and pivot in their endeavors. It's a valuable lesson in critical thinking and strategy assessment.

#### **7. What Would You Do If You Were In My Position Right Now**

This question directly asks the mentor to put themselves in your shoes, which can lead to more tailored and specific advice based on your current situation. It challenges your mentor to think from a different point of view, ensuring that the guidance you receive is grounded in empathy and understanding.

## **8. What's One Thing You Wish You Knew When You Were at My Stage?**

This question taps into the wisdom of hindsight. By understanding their past regrets or oversights, you can potentially avoid making the same mistakes or misjudgments. Learning from others' experiences can significantly speed up your own learning curve.

## **9. Can You Recommend Any Resources?**

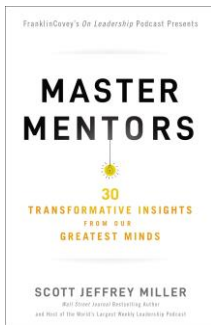
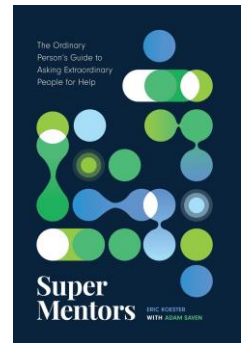
Mentors, due to their experience and knowledge, often have a curated list of resources that have been valuable to them. By asking this question, you're tapping into their expertise and the resources they deem most beneficial. Instead of spending time sifting through countless books, articles, or courses, getting recommendations from a trusted mentor can quickly direct you to high-quality, relevant resources.

# **FAST-ACTION STEPS**

- 1. Provide Feedback and Updates:** Take a moment to send a concise update or feedback to your mentor about how their advice or guidance has positively impacted your decisions or progress.
- 2. Share Relevant Content:** If you know an article, book, webinar, or event that aligns with your mentor's interests or the topics you've discussed, share it with them. It shows that you're actively engaged.
- 3. Organize a Shared Experience:** Invite your mentor to a workshop, seminar, or networking event that you believe will benefit both of you.

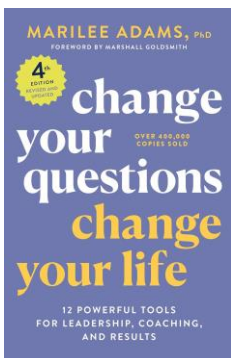
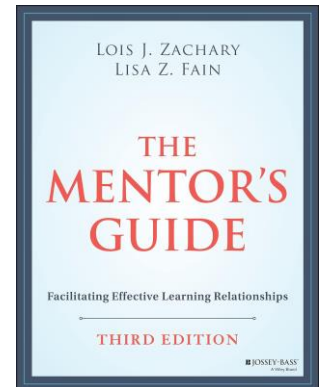
# FURTHER READINGS

1. [Super Mentors: The Ordinary Person's Guide to Asking Extraordinary People for Help](#)



2. [Master Mentors: 30 Transformative Insights from Our Greatest Minds](#)

3. [The Mentor's Guide: Facilitating Effective Learning Relationship](#)



4. [Change Your Questions, Change Your Life](#)  
▲ ▲ *There's a great companion workbook* ▲ ▲

5. [Ask Powerful Questions: Create Conversations That Matter](#)

