HOW CAN I BECOME A LIFELONG LEARNER?

Never Stop Trying New Things

212° Careers
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ARTICLE

Becoming a lifelong learner is an important aspect of achieving success, but it isn't always as easy as people think. If you are struggling to become a lifelong learner, start following the methods below.

Create a Learning Hub

It's difficult to become a lifelong learner if you don't know what you want or need to learn. Give yourself a leg up, and find some learning applications, podcasts, and books about subjects you want to learn about. Then, download these to your phone and put them in one convenient area.

For example, you could download a language learning app and a book about a country you are interested in. Then, it is easy to find this material when it is time to learn.

Learn Something Every Day

This brings up the next point: to become a lifelong learner, you need to create a habit of learning something each and every day. Once you have a hub of material, decide how much time you will spend in this hub every day and when. Then, set your alarm and be sure you adhere to it.

If you are having trouble motivating yourself, don't be afraid to schedule a small reward if you can complete a certain number of days of learning in a row. This can help keep you motivated.

Try New Things

Now, even if you create the perfect learning hub, there is a chance you can run out of material or get bored of what you have set up. The way to constantly discover new things to learn is by trying new things as often as possible. This way, your mind is constantly exposed to new ideas and topics—and of course, you'll have more fun this way too!

Have a Hobby

Learning isn't just visiting the electronic hub you've created on your phone daily. Learning is also hands-on. It is best to find a hands-on hobby to engage in every week. This will help you learn more things and keep you more interested than just a podcast or a book. Plus, you might make some new friends that will help encourage your lifelong learning plan!

Overall, becoming a lifelong learner isn't easy. But if you make a hub, a schedule, try new things and have a hobby, you'll find that you enjoy learning something new each and every day. Just be sure you stick with it to make it a habit. Before you know it, you will be a lifelong learner!

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