



...IT WON'T MATTER IN 20 YEARS

212⁰ CAREERS

Leadership and Career Coaching

FREE
REPORT



This report includes **nine powerful tips** and **three actionable steps** you can take immediately.

It also includes a list of **suggested readings** for those looking for even more information.

TOP TIPS

Time has a way of putting things into perspective.

Many things you struggle with and worry about now won't make a difference in 20 years.

Even if it feels like the most important issue in the world, it might just be something you laugh about years from now.

1. Embarrassing Failures

Even your best-laid plan can blow up in your face but don't beat yourself up. What may feel embarrassing now will likely be a blip of memory years from now. What you learn about 'failure' is more important.

2. Fantasies about a Perfect Future

There is a difference between striving for a goal and letting perfectionism get in the way. In 20 years, you might laugh at the life you thought you needed. Striving for a picture-perfect future will frustrate you. Go out and live now.

3. Worry over Trying Something New

You miss many great experiences when you let worry get in the way. 20 years from now will you remember your worries, or the adventures you missed out on because of them? A better approach is to decide what you want to do, assess if there are dire consequences to acting, and then just do it. Each new adventure builds your confidence levels.

4. Not Taking Part in Your Community

An online activist does little to help their community. Getting out and partaking in person-to-person activities builds much more than a keyboard ever could. So, after your online rant, get out and get involved.

5. Being Right All of the Time

Sometimes you need to stand your ground over what you believe is right. But sometimes, it is better to let it go. 20 years from now, will you care who was right about some random factoid? If you must always be right, you run the risk of damaging relationships. Relationships make more impact than having to win an argument.

6. People Pleasing

Learn to do your best and stop trying to please everyone else. Will you care about what random acquaintances think of you 20 years from now? Winning everyone's approval makes others happy and leaves you miserable. Instead, live by your personal convictions so that you can peacefully lay your head down at night.

7. Obsessing Over Your Looks

Your outer beauty fades with age. Your inner beauty is exposed with time. Which do you want people to see? You should take care of yourself, of course, but 20 years from now, you won't be worried about that bad haircut you got once.

8. How You Judge or Perceive Others' Decisions

As you grow older, you will find that your perception of people will change. What might have been strange behavior to you once makes much more sense with an additional 20 years under your belt.

9. Owning Expensive Possessions

Getting caught up in buying the next shiny object is easy when you are young. In 20 years, these same items might not even exist - let alone matter. Remember, most objects lose their luster, but experiences last a lifetime.

FAST-ACTION STEPS

1. Use a journal to record some of your most embarrassing mistakes. Write down what happened and what you learned from it.
2. Build new habits to care for your body that doesn't just require obsessing over your looks. Opt for healthier eating and exercising.
3. Find an organization you care about in your community and get involved with it in person, not only online. Develop relationships within your community and make your impact there.



Visit 212-Careers.com for information on leadership and career coaching options – email info@212-Careers.com

FURTHER READING

1. Eleven: Advice to My Younger Self

<https://www.amazon.com/Eleven-Advice-my-younger-self/dp/1983981141/>

2. The Power of Regret

<https://www.amazon.com/Power-Regret-Looking-Backward-Forward/dp/0735210659/>

3. Woulda, Coulda, Shoulda

<https://www.amazon.com/Woulda-Coulda-Shoulda-Overcoming-Opportunities/dp/0060973358/>

4. Our Wisdom Years

<https://www.amazon.com/Our-Wisdom-Years-Fulfillment-Resilience/dp/1949481182/>

5. Stupid Things I Won't Do When I Get Old

<https://www.amazon.com/Stupid-Things-Wont-When-Unapologetically/dp/0806541008/>